



# On the Way Home<sup>®</sup>



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## Service Description Summary

- A 12 to 14-month, evidence-based aftercare program.
- Focused on family and school centered services.
- Designed for at-risk youth returning from an out-of-home placement.
- Includes careful assessment and service planning.
- Facilitates teaching and application of parenting, social, and academic support skills.
- Provides advocacy and intervention within both home and school environments.

# On the Way Home Goals...



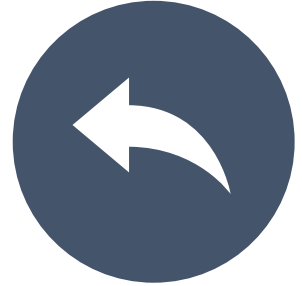
keep youth  
at home



maintain school  
engagement



build on  
prior success



reduce  
recidivism



repair  
relationships



formulate  
future plans

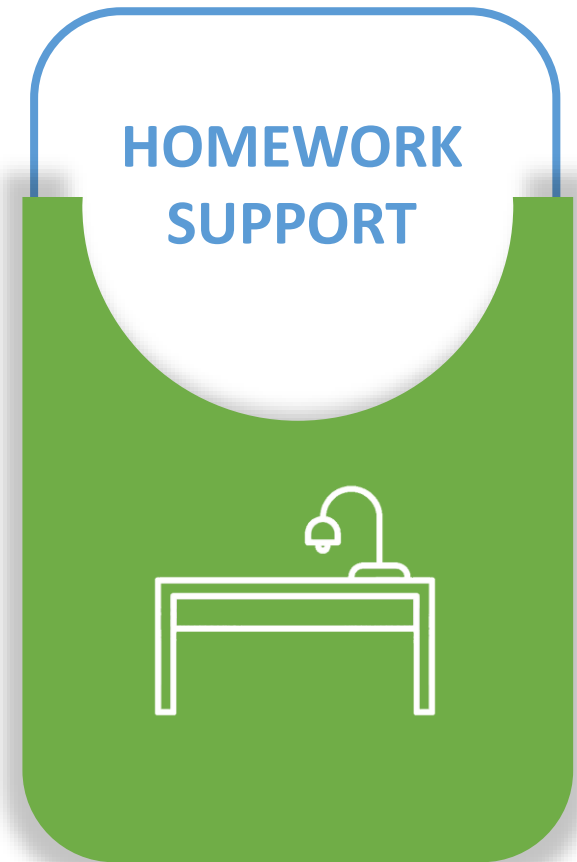


establish networks  
of support



address transition  
issues

# Program Components



## Family Support

Using an adaptation of Boys Town's  
Common Sense Parenting® (CSP) Program

- Improves child-family relationships
- Establishes clear, consistent rules and expectations
- Teaches skills for lifelong success
- Encourages good behavior
- Prevents problem behavior
- Corrects problem behavior
- Promotes self-control

## School Support

Using an adaptation of the University of Minnesota's  
Check and Connect® Intervention

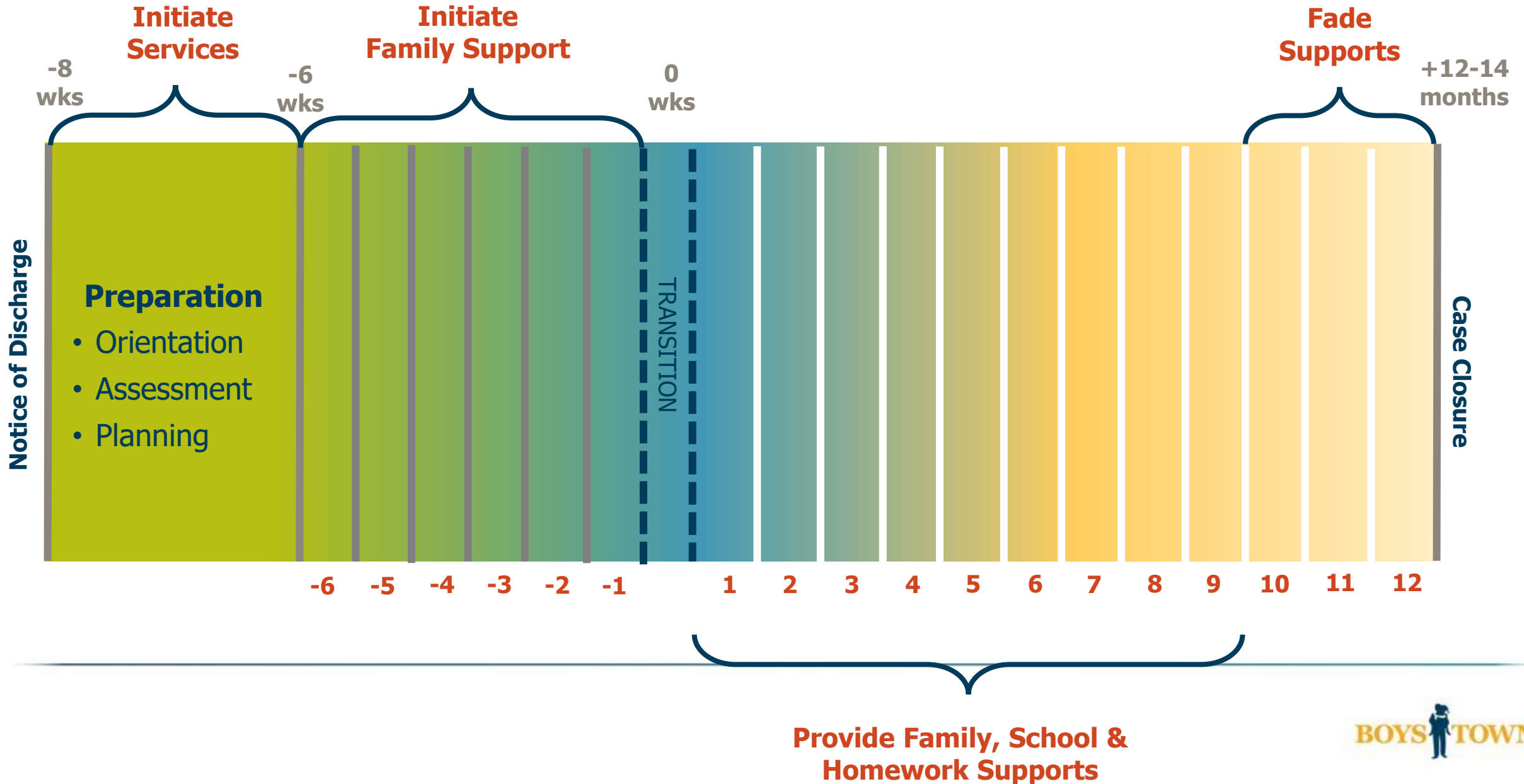
- Establishes school partnerships
- Strengthens family-school relationships
- Identifies school-based mentors
- Facilitates school engagement
- Monitors youth progress
- Recognizes risk factors
- Provides individualized interventions

# Homework Support

Using approaches for at-home academic success  
developed by Boys Town

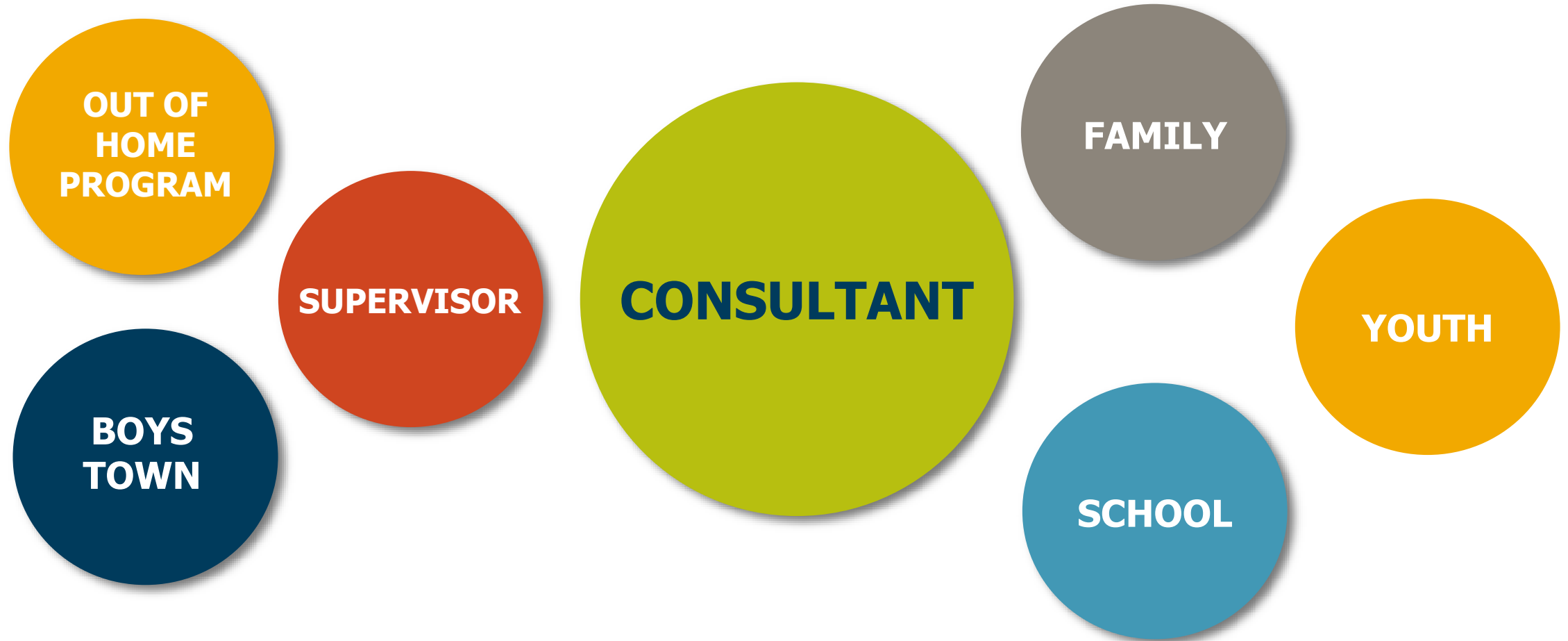
- Establishes an at-home learning environment
- Defines a homework routine
- Identifies and communicates homework expectations
- Tracks homework assignments
- Supports homework efforts
- Monitors academic effort and progress

# OTWH Timeline





# Primary Program Roles



# Characteristics of Successful Participants

## YOUTH

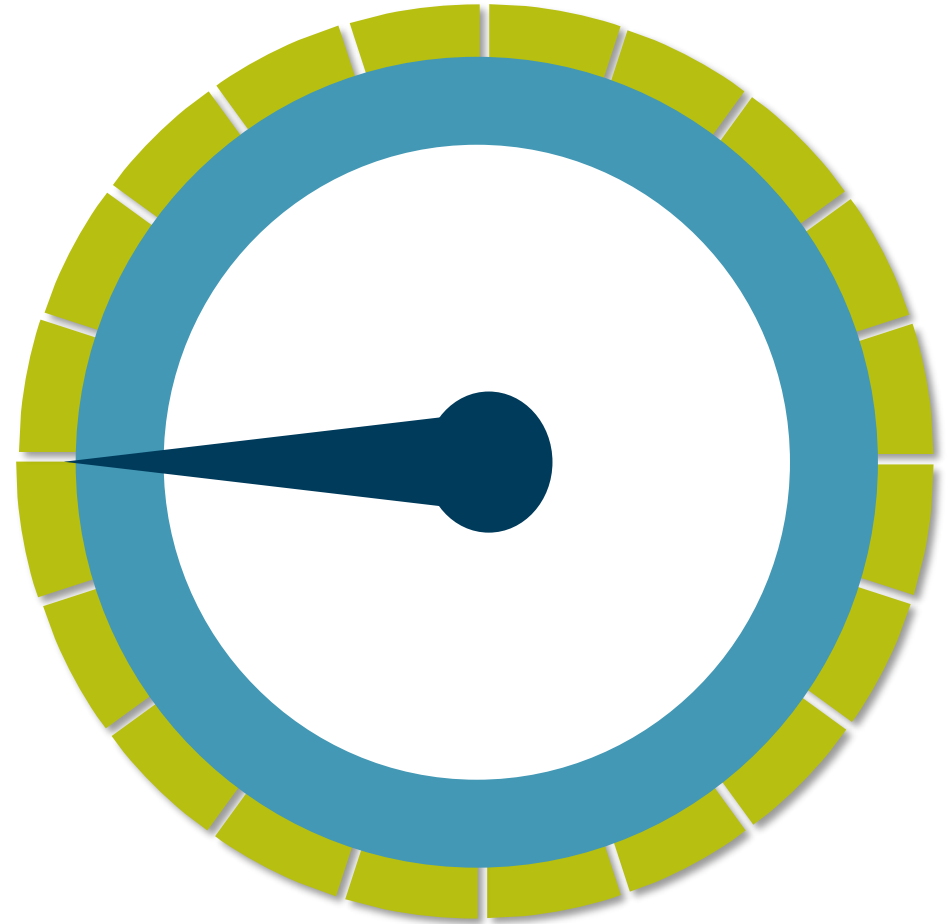
- Aware of progress & potential barriers
- Involved actively in goal setting
- Participatory in all program activities
- Open to rebuilding relationships
- Vested in personal and academic growth
- Committed to school attendance
- Interested in post-secondary education/career
- Willing to ask for and utilize support

## FAMILY

- Optimistic about potential
- Knowledgeable of aftercare goals
- Aware of responsibility
- Forgiving of past wrongdoings
- Willing to partner with others
- Committed to learning/improvement
- Receptive to new perspectives
- Supportive of child's efforts

# Supervisor Responsibilities

**SUPPORTING & REINFORCING CONSULTANTS**  
**ENSURING SAFETY**  
**GUIDING SERVICE PLAN DEVELOPMENT**  
**COACHING**  
**OBSERVING & PROVIDING FEEDBACK**  
**ORGANIZING DEVELOPMENT OPPORTUNITIES**  
**DECISION MAKING & PROBLEM SOLVING**  
**MONITORING PROGRAM FIDELITY**  
**COLLECTING & ANALYZING DATA**  
**REPORTING OUTCOMES**  
**DOCUMENTING INCIDENTS**



# Job Prerequisites: OTWH Supervisors

- Bachelor's degree in Human Services or related field required; Master's degree or higher based on local, state or federal contract requirements preferred.
- 2 to 3 years of experience working with children and families in community-based programs as well as prior management and supervisory experience preferred.
- A valid driver's license with a good driving record and the ability to provide own transportation to complete travel-related job requirements.
- Flexibility to be on-call (continuously or rotationally) to provide support to OTWH Consultants.

# Characteristics of Effective OTWH Consultants

- warm, caring & empathetic
- non-judgmental
- available & flexible
- collaborative
- positive
- communicative
- confidential
- knowledgeable & resourceful
- comfortable with technology
- detail oriented
- creative
- persistent
- supportive
- receptive to feedback

# Consultant Responsibilities

## Primary

- Clarify family goals
- Develop a youth and family Service Plan
- Provide direct, individualized support 1-2 hours weekly
- Initiate school contact
- Facilitate parent skills training
- Monitor school engagement and academic progress
- Foster home and school communication
- Implement homework strategies

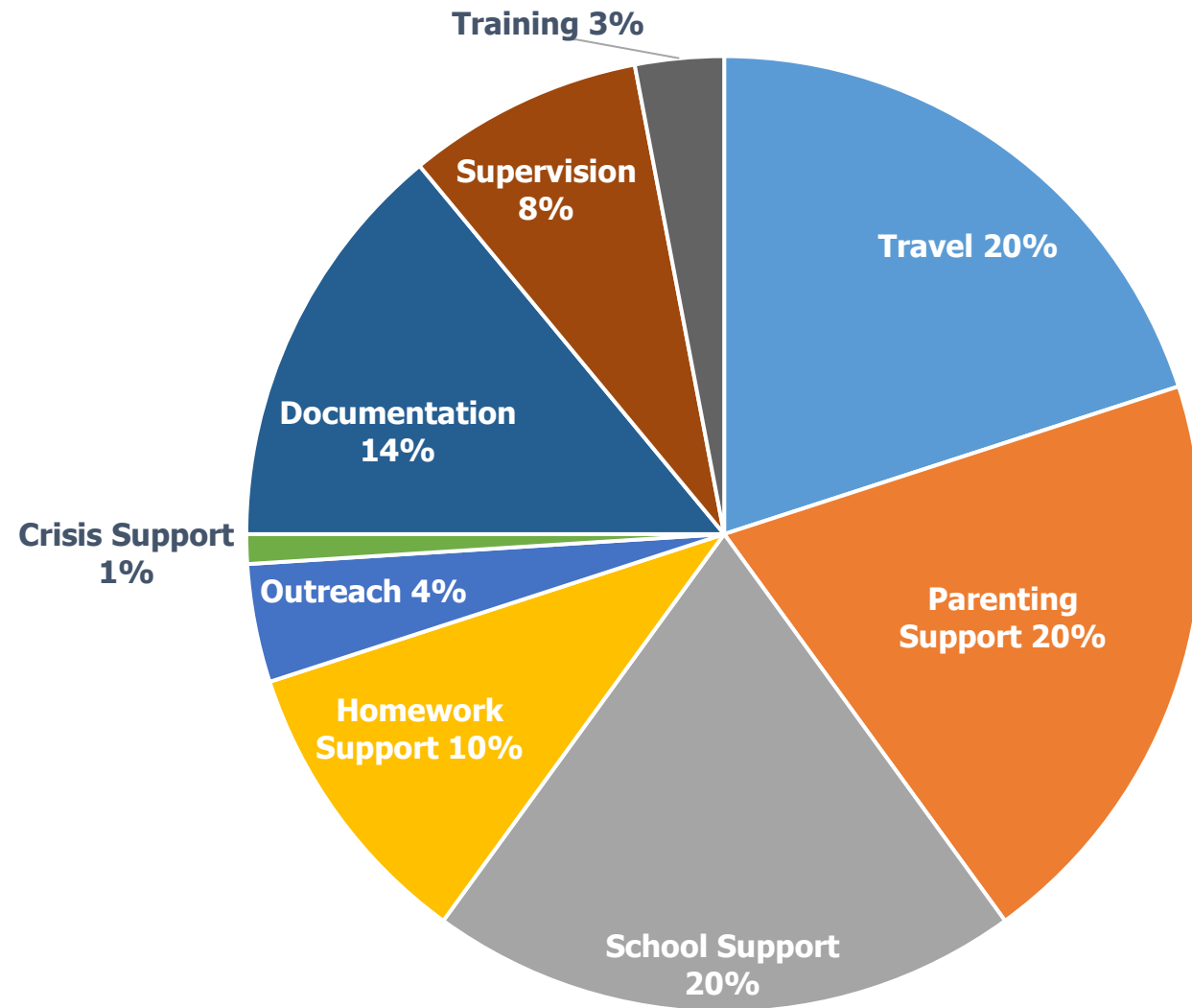
## Secondary

- Provide 24/7 crisis support
- Identify needed community-based services

# Job Prerequisites: OTWH Consultants

- Bachelor's degree in Human Services or related field, or High School diploma with three years of experience in the Boys Town Model required.
- 1 to 2 years of experience working with children and families in community-based programs preferred.
- A valid driver's license with a good driving record and the ability to provide own transportation to complete travel-related job requirements.
- Flexibility to work non-traditional business hours including early mornings, nights, weekends, holidays, etc. and respond to crises of clients as needed.

# Consultant Time





# Linking Organizational Outcomes & Measures to Implementation Science

Activity Log Form

Site: Site A Today's Date: 01/06/2021 Help Reset Form Add Activity Close

Consultant: Active: Family Name:

Youth ID: Youth Name: Age: Sex: Race: Active:

Date\*: Component: Activity: Time (min):

Notes (dbl-clk expand)\*\*:

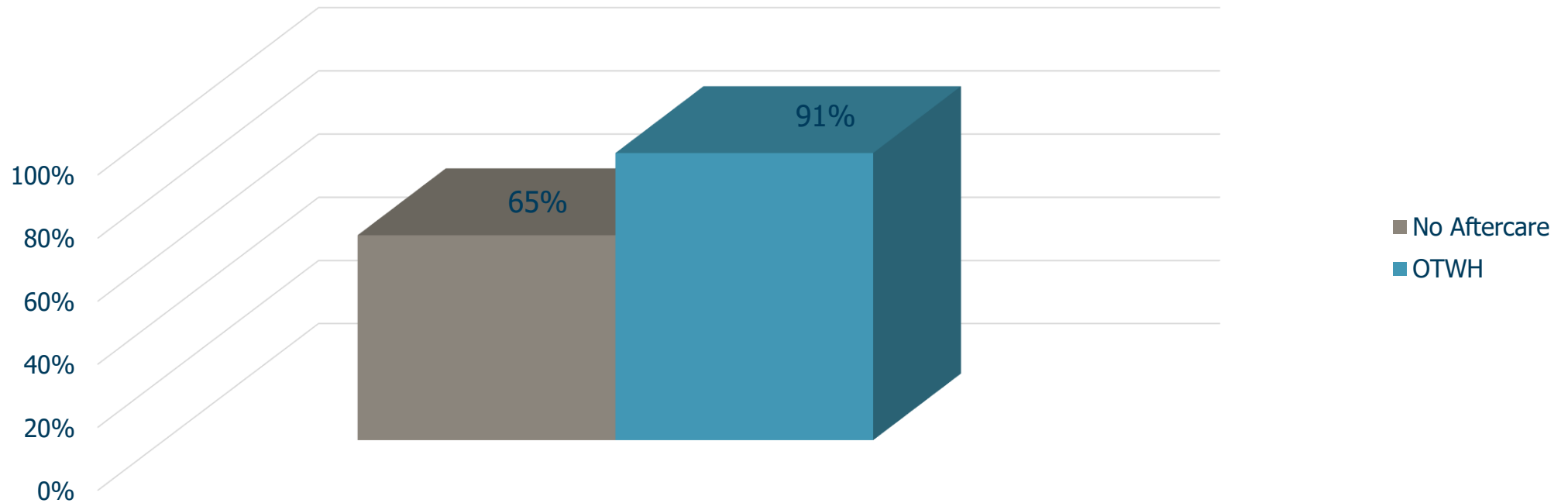
**OUTCOMES** (Completed at each Month End date)\*\* Service Start: Service End: LOS (day): Edit Outcome:

M#	Month End	At Home	In School	Notes (dbl-clk expand)	M#	Month End	At Home	In School	Notes (dbl-clk expand)
01					13				
02					14				
03					15				
04					16				
05					17				
06					18				
07					19				
08					20				
09					21				
10					22				
11					23				
12					24				

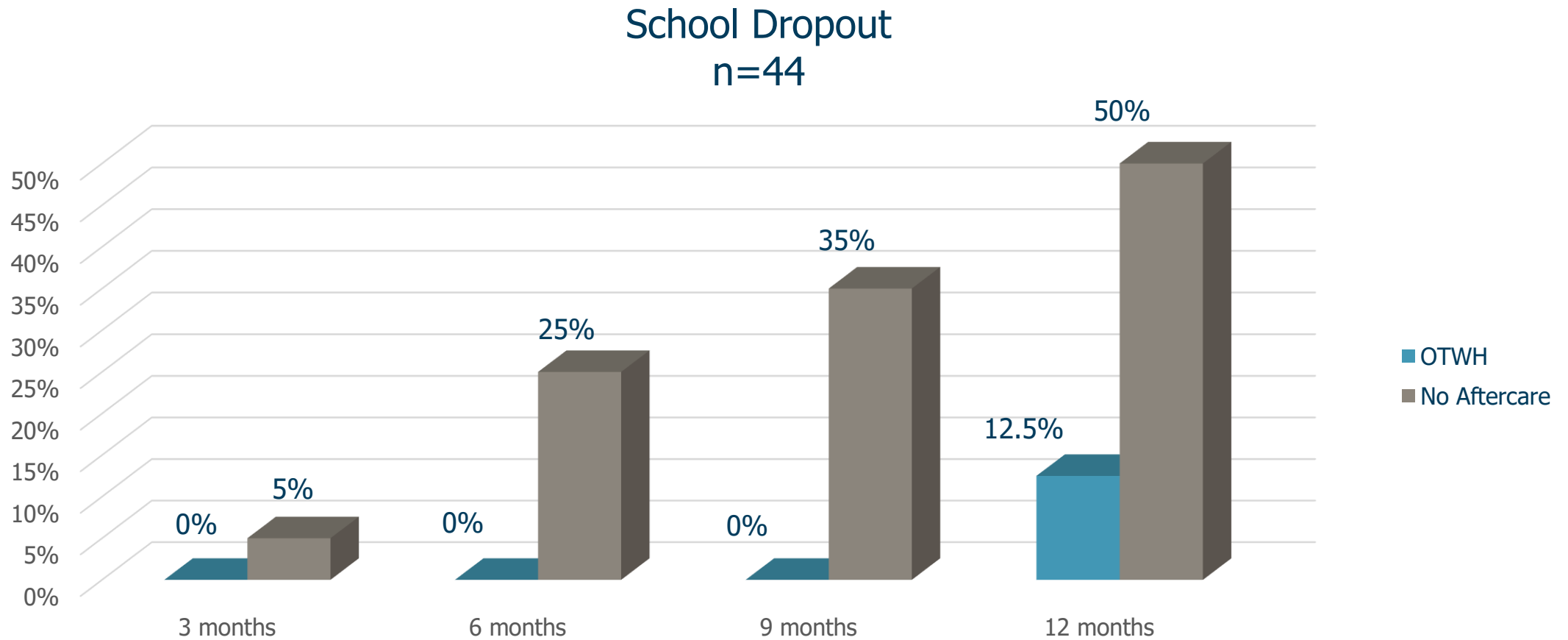
\* Double-click to open Date Picker. \*\* Omit identifying info (individual names) from notes (activity & monthly outcomes).

# And the Research Says...

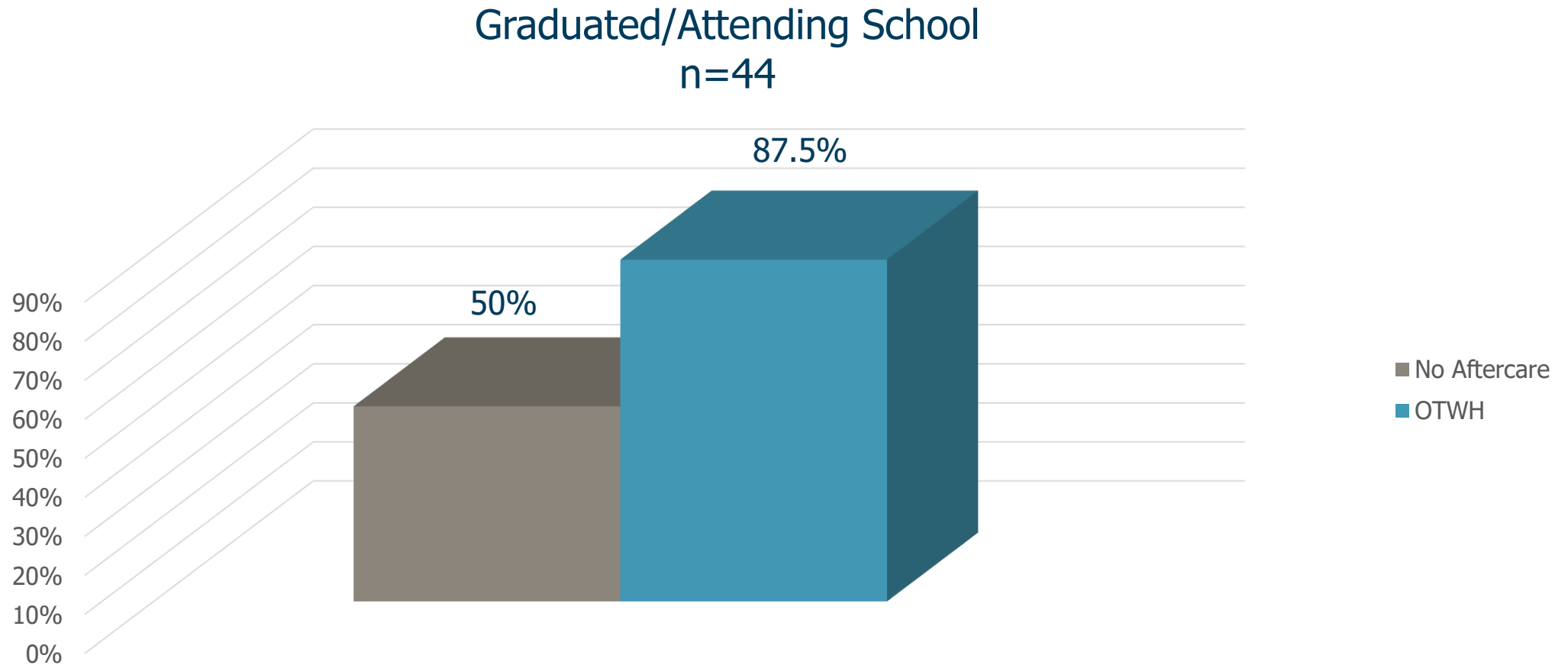
Placement Stability  
(At Home or In Home Community)  
n=44



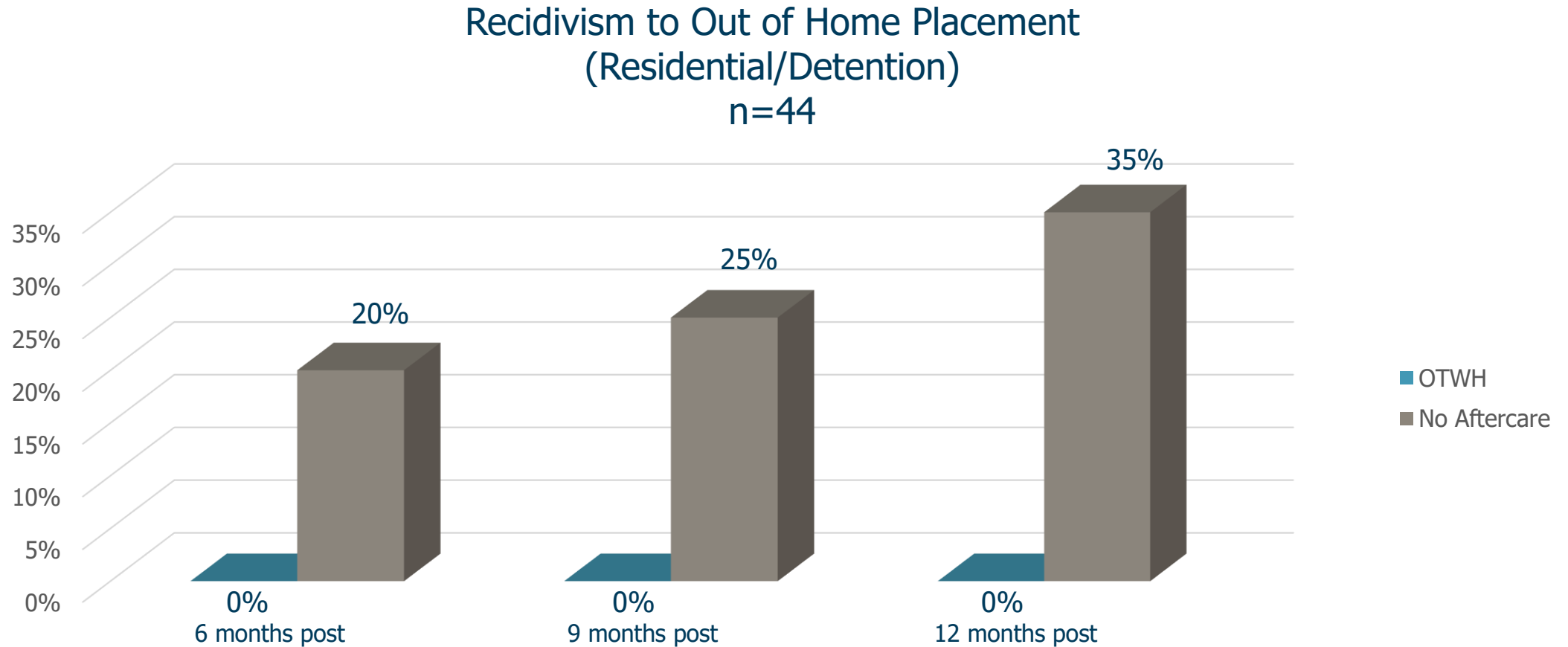
# And the Research Says...



# And the Research Says...



# And the Research Says...



## OTWH Service Delivery Plan:

### Boys Town to Agency

- FIT and Readiness Assessment
- 5 day On the Way Home® Training
- 2 day On the Way Home® Supervisor Training
- 15 hours phone/web-based consultation
- 12-month On-Site Visit/Re-Licensing Review
- 24 hours data collection/analysis
- Licensing and Relicensing Options

*\*Note: The above denotes the minimum amounts of training and support that will be provided to any licensed OTWH program. The actual frequency of on-site visits, and hours needed for phone/web-based consultation or data analysis may be increased based upon agency need.*

### Agency to Clients

- 12-14 months of service (14 recommended), including
- A Minimum of 96 hours total direct contact with each youth/family over the service period.
- Weekly home visits at a suggested length of 1-2 hours per visit and 2 or more hours per week for the purpose of providing family and homework support.
- Weekly indirect contact a minimum of 1 hour per week to support family and youth skill acquisition and engage in problem solving.
- Direct or indirect school contact with youth and his or her identified school mentor a minimum of once weekly to ensure school engagement and academic success.
- 24/7 support for youth and family as needed

*\*Note: The above is based upon 1 OTWH Consultant serving a maximum caseload of 12-15 youth/families.*

# Pricing

Year 1	Year 2	Year 3
<b>Consultant Trng.</b> \$1,750	<b>Consultant Trng.</b> \$1,750	<b>Consultant Trng.</b> \$1,750
<b>Supervisor Trng.</b> \$2,250	<b>Supervisor Trng.</b> \$2,250	<b>Supervisor Trng.</b> \$2,250
<b>Data Rev/Cons.</b> \$12,000 (2 ppl) + 2,000 pp	<b>Data Rev/Cons.</b> \$5,500 (2 ppl) + 1,000 pp	<b>Data Rev/Cons.</b> \$3,000 (2 ppl) + 500 pp
<b>On-Site Review</b> \$6,500 (2 ppl) + 1,000 pp	<b>On-Site Review</b> \$4,500 (2 ppl) + 750 pp	<b>On-Site Review</b> \$2,000 (2 ppl) + 500 pp
<b>Total</b> \$22,500 + 3,000 + training	<b>Total</b> \$15,000 + \$1,750 + training	<b>Total</b> \$10,500 + 1,000 + training
<b>n/a</b>	<b>Licensure Renewal</b> \$5,000	<b>Licensure Renewal</b> \$5,000